

JOURNEY THROUGH THE BIBLE

Rhema Christian Center

Triumphant Tuesday-Bible Study February 24, 2026

Wisdom Wednesday-Bible Study February 25, 2026

Presenter: Rochelle Pitts

Mark 5 -Study Notes

Composer:

- ⇒ Written by Mark, most scholars believe it to be the first Gospel written
- ⇒ The author is John Mark, the young man who accompanied Paul and Barnabas on his first missionary journey and turned back to Jerusalem (Acts 13:1-3)
- ⇒ After his missionary failure, Mark came along side Peter; the Gospel of Mark is said to be the written eye-witness accounts of Peter and his experience as one of the twelve disciples of Jesus
- ⇒ All but a few verses from Mark appear in both Matthew and Luke

Introduction:

- ⇒ Mark is the shortest of the four Gospels
- ⇒ Mark wrote during the time the Christian community was under persecution because it was accused of setting the city of Rome on fire
- ⇒ Mark focuses on the power of Jesus and presents Him as the Suffering Servant; the Suffering Son of Man Who is in fact the Son of God
- ⇒ Mark tells us about a Savior obedient to the will of His Father to the point of suffering on our behalf
- ⇒ The book of Mark, focuses on the miracles of Jesus instead of His teachings
- ⇒ Because there is little emphasis on Jewish law and customs it is thought that Mark was writing for a Gentile, Roman audience
- ⇒ If one wants a 'quick, get-to-the-point' account of the life and ministry of Jesus....Mark is your book.
- ⇒ Mark identifies Jesus ministry as self-giving love of the Son of God
- ⇒ Mark wants to lead his readers to the Cross of Jesus where they can find the meaning and hope in their suffering

Outline:

Vs. 1-20 A Demon-Possessed Man Healed

Vs. 21-43 A Girl Restored to Life and A Woman Healed

⇒ Demonstration of Jesus power, authority and control over the supernatural

Overview:

Mark 5:1-20

Jesus cast numerous demons out of a wild man who lived among the tombs in the country of the Gadarenas. The demons enter a herd of pigs and they drown in the sea of Galilee. Jesus sends the healed man into the cities of that region to tell others what Jesus has done for him (Matthew 8:28-34; Luke 8:26-39)

Mark 5:21-43

Jesus heals a woman with a hemorrhage who slips through the crowd to touch the hem of his garment. He also raises from the dead the daughter of a synagogue ruler named Jairus. (Matthew 9:18-26; Luke 8:40-56)

Mark emphasizes Jesus' authority over disease (5:21-34) and death (5:34-43)

Vs. 1-20 A Demon-Possessed Man Healed

5 They went across the lake to the region of the Gerasenes.^[a] ² When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. ³ This man lived in the tombs, and no one could bind him anymore, not even with a chain. ⁴ For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. ⁵ Night and day among the tombs and in the hills he would cry out and cut himself with stones. ⁶ When he saw Jesus from a distance, he ran and fell on his knees in front of him. ⁷ He shouted at the top of his voice, "What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!" ⁸ For Jesus had said to him, "Come out of this man, you impure spirit!" ⁹ Then Jesus asked him, "What is your name?" "My name is Legion," he replied, "for we are many."¹⁰ And he begged Jesus again and again not to send them out of the area. ¹¹ A large herd of pigs was feeding on the nearby hillside. ¹² The demons begged Jesus, "Send us among the pigs; allow us to go into

them.”¹³ He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned.

¹⁴ Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. ¹⁵ When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. ¹⁶ Those who had seen it told the people what had happened to the demon-possessed man—and told about the pigs as well. ¹⁷ Then the people began to plead with Jesus to leave their region.

¹⁸ As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. ¹⁹ Jesus did not let him, but said, “Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy (compassion) on you.”²⁰ So the man went away and began to tell in the Decapolis^[b] how much Jesus had done for him. And all the people were amazed.

Setting: Mark 4

- o ministering by the Sea of Galilee
- o **vs.35** ‘Let us go over to the other side...’

Mark 5

- o ministering in Gerasenes (the other side); Gentile country, of sin and unbelief; Unclean region of 10 towns; principalities and wickedness in the natural (those in authority) and spiritual (demonic activity)
- o Old Testament very little demonic activity; New Testament lot of demonic activity because the prophetic word is now fulfilled-Jesus is manifested
- o **vs. 2** Jesus got out of the boat
- o **vs. 6** a man with an unclean spirit runs to Jesus (Note: **Matthew 8:28** ...there met him two possessed with devils...Mark speaks of the prominent one)

Selah: Where were the others? Has there been times God has asked us to go and because the conditions were some kind of way we decided to stay on the boat; we decided to let someone else take care of or be bothered with? When Jesus says ‘go’ are we willing?

Condition of unclean man :

- o **vs. 2-5** Satan attacks in different ways:
- o mind, body, spirit; physically, emotionally, physically; through self-destruction, depression, worthlessness, isolation, heaviness, darkness
- o There are times where the attack is so deep, that we need rescued.
- o **James 4:7** Therefore submit to God. Resist the devil and he will flee from you.

Action:

Unclean Spirit

- o **James 2:19** You believe that there is one God. You do well. Even the demons believe-and tremble!
- o **vs. 6** Reverenced- Worshipped (New King James); Fell to Knees (New International Version) Bowed Down (Easy to Read Version)
- o **vs. 7** Acknowledge Authority- Jesus; Son of the Most High God; In God's name;
 - Unclean spirits confess Jesus to be the Son of God
 - Ancient superstition: Authority was demonstrated by calling out names this was base of spiritual warfare
 - The demons recognized God; this was not their first encounter, nor the first time Jesus ordered the unclean spirits to leave
 - **Mark 1:24** saying, "Let us alone! What have we to do with You, Jesus of Nazareth? Did You come to destroy us? I know who You are—the Holy One of God!"
- o **vs. 7, 10, 12** Pleaded- vs. 7 don't torment me (New King James); torture (The Voice); messing with me (Amplified) vs.10 desperately (The Message); kept (Holman Christian Standard); earnestly (Christian Standard)
- o **vs. 9** Insight Fear- Legion at full strength were 6000 men signifying a well-organized group possessing great power
- o **vs. 10-13** Asked- Don't send us away, disembodied, send us into the swine

- **Leviticus 11:7** and the swine, though it divides the hoof, having cloven hooves, yet does not chew the cud, *is* unclean to you.
- The unclean was cast into the unclean

Jesus

- o **vs. 8** Commanded- Come **out of the man, thou unclean spirit.**
- o **vs. 9** Conversed- **What is your name?**
- o **vs.13** Permitted- And forthwith Jesus gave them leave.
 - The demons had to ask permission
- o **vs. 18-20** Directed/Commissioned- **“Go home to your friends and tell them what great things the Lord has done for you, and how He has had compassion on you.”**

They

- o **vs. 14** Ran and Told- swine were owned by somebody; loss of income
- o **vs. 15-16** Witnessed and Feared- motive is not right, spirit of confusion set in.... not sure what was seen, threaten by unclean spirit and by right mind; right mind, sane, self-controlled, serious, moderate, sober minded, restrained, disciplined, able to reason the word describes our behavior and attitude
- o **vs. 17** Prayed and Requested- Jesus go

Him that was Possessed

- o **vs.18** Prayed - accompany Jesus; full restoration; changed life
- o **vs. 19** Go and Tell - praise and proclaim what Jesus has done
- o **vs. 20** Acted- publish in Decapolis the great things Jesus had done

Vs. 21-43 A Girl Restored to Life and A Woman Healed

²¹ When Jesus had again crossed over by boat to the other side of the lake, a large crowd gathered around him while he was by the

lake. ²² Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet. ²³ He pleaded earnestly with him, “My little daughter is dying. Please come and put your hands on her so that she will be healed and live.” ²⁴ So Jesus went with him. A large crowd followed and pressed around him. ²⁵ And a woman was there who had been subject to bleeding for twelve years. ²⁶ She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse. ²⁷ When she heard about Jesus, she came up behind him in the crowd and touched his cloak, ²⁸ because she thought, “If I just touch his clothes, I will be healed.” ²⁹ Immediately her bleeding stopped and she felt in her body that she was freed from her suffering. ³⁰ At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, **“Who touched my clothes?”** ³¹ “You see the people crowding against you,” his disciples answered, “and yet you can ask, ‘Who touched me?’” ³² But Jesus kept looking around to see who had done it. ³³ Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth. ³⁴ He said to her, **“Daughter, your faith has healed you. Go in peace and be freed from your suffering.”** ³⁵ While Jesus was still speaking, some people came from the house of Jairus, the synagogue leader. “Your daughter is dead,” they said. “Why bother the teacher anymore?” ³⁶ Overhearing^[c] what they said, Jesus told him, **“Don’t be afraid; just believe.”** ³⁷ He did not let anyone follow him except Peter, James and John the brother of James. ³⁸ When they came to the home of the synagogue leader, Jesus saw a commotion, with people crying and wailing loudly. ³⁹ He went in and said to them, **“Why all this commotion and wailing? The child is not dead but asleep.”** ⁴⁰ But they laughed at him. After he put them all out, he took the child’s father and mother and the disciples who were with him and went in where the child was. ⁴¹ He took her by the hand and said to her, **“Talitha kum!”** (which means “Little girl, I say to you, get up!”). ⁴² Immediately the girl stood up and began to walk around (she was twelve years old). At this they were completely astonished. ⁴³ He gave strict orders not to let anyone know about this and told them to give her something to eat.

Setting:

- o Jesus has crossed over to the other side
- o People are waiting on the shore for Jesus

- o **vs. 21** When he gets off the boat people are gathered all around Him; some to spectate, some to get a need met
- o There is a spirit of hope and expectation
- o Jarius, with authority, presses through crowd to Jesus
- o Woman with issue of blood shy's back not wanting to be noticed

Condition of Girl Restored to Life:

- o **vs. 22** -Jarius, girl's father, ruler of synagogue; Pharisee of high standing authority; Of high stature in society; part of the religious establishment to capture Jesus; attitude of desperation
- o **vs. 23** - Jarius' 12-year-old daughter, who brought joy, is at the point of death
- o **vs. 35, 38** - Meanwhile, Jarius daughter has died and there are mourners at his home

Condition of Woman Healed:

- o **vs. 25**- Woman for 12 years has had an issue of blood, tormented with condition; because of condition, considered unclean; outcast of society
- o **vs. 26**- Spent all she had; condition got worse; attitude of desperation

Action:

Jarius

- o **vs. 22** Fell down- act of submission; desperate; storm in his midst
- o **vs. 23** Begged - overcome prejudice and pride; persistent
- o **vs. 23** Activated Faith- come 'lay thy hands on her that she may be healed; and she shall live'

Women with Issue

- o **Vs. 27** Pressed- entered in from behind; persistent; desperate; storm within
- o **Vs. 28** Touched- Jesus touched others, she touches Jesus
- o **Vs. 28** Activated Faith- point of contact she would 'be made well'

Selah- vs. 21-42 Both brought whatever faith they had to Jesus. With their faith they brought:

- ⇒ a confession - transparent about their situation
- ⇒ a courage - truth about their situation
- ⇒ a conviction - trust about their situation

What is our posture when we come?

How do we come? With a heart of humility, belief and hope?

Hebrews 4:14-16 We have a great high priest who has gone into heaven. He is Jesus the Son of God. So let us hold on to the faith we have. ¹⁵ For our high priest is able to understand our weaknesses. He was tempted in every way that we are, but he did not sin. ¹⁶ Let us, then, feel free to come before God's throne. Here there is grace. And we can receive mercy and grace to help us when we need it.

Jesus

vs. 24 Went/Response- Jesus hears our cries

vs. 30, 35, 39 Asked/Called Out - Jesus gives attention to where we are, not to embarrass but to arrest our thoughts-doubts, fears, disbelief

vs. 39 Redefined - Jesus shifts our way of thinking, **"Why all this commotion and wailing? The child is not dead but asleep."** Jesus wants us to liken death as when we go to sleep; we lay down, close our eyes, and wake up; Jesus does not want us to fear death

Daniel 12:2 And many of those who sleep in the dust of the earth shall awake, Some to everlasting life, Some to shame *and* everlasting contempt.

vs. 34, 36, 41 Declared/Spoke a Word - **"your faith has healed you. Go in peace and be freed from your suffering."** Peace, a state of rest, quietness and calmness. Jesus is the 'Prince of Peace'. **"Don't be afraid; just believe."** **"Talitha kum!"** (which means "Little girl, I say to you, get up!").

Selah- God's timing is different, not ours but same in meeting our needs

Woman

No body
Humble
12 years of hopelessness
Poor
Publicly
Point of Contact-Touch

Responded immediately
Healed publicly

Jarius

Status
Stature
12 years of joy
Wealthy
Secretly

Point of Contact-Presence

Responded in delay
Healed secretly

Closing Thoughts:

Mark's gospel teaches....

- ⇒ Whoever desires to follow Jesus must deny self
- ⇒ Following Jesus may have you on the path of misunderstanding and rejection
- ⇒ Faith is needed to help those in need
- ⇒ 'God moves mountains, our faith moves God'
- ⇒ We are not to allow the discouraging words of others hinder our faith
- ⇒ Fear and faith do not work together
- ⇒ Delay does not mean God doesn't hear and He is not moving on our behalf
- ⇒ God allows suffering for a purpose (to get our attention and grow us), a choice (identify where we are in our walk; how we respond), and to purify (create in us a clean heart)
- ⇒ We serve a Jesus who is 'approachable, interruptible' Skip Heitzip
- ⇒ No one is beyond hope; no one is beyond the power of Jesus
- ⇒ Jesus restores, gives NEW life, NEW heart; Jesus delivers us from destruction
- ⇒ Miracles performed than are possible now

Resources Bible:

Commentaries:

Spirit Filled Life

Websites:

Enduringword.com David Guzik

Pocket Bible Handbook
New King James
International Children Bible
New International Version
Easy To Read Version
Amplified
The Message
Christian Standard

2BELIKECHRIST.com Skip Heitzip
Mike Seawright

Song: Jireh (feat. Chandler Moore and Naomi Raine) Elevation
Worship & Maverick City Music