

JOURNEY THROUGH THE BIBLE

Rhema Christian Center

Triumphant Tuesday-Bible Study June 25, 2024

Wisdom Wednesday-Bible Study June 26, 2024

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Psalm 143-Study Notes

Psalm 143 (New International)

A psalm of David.

- ¹ Lord, hear my prayer, listen to my cry for mercy;
in your faithfulness and righteousness come to my relief.
- ² Do not bring your servant into judgment,
for no one living is righteous before you.
- ³ The enemy pursues me, he crushes me to the ground;
he makes me dwell in the darkness like those long dead.
- ⁴ So my spirit grows faint within me;
my heart within me is dismayed.
- ⁵ I remember the days of long ago; I meditate on all your works
and consider what your hands have done.
- ⁶ I spread out my hands to you;
I thirst for you like a parched land.^[a]
- ⁷ Answer me quickly, Lord; my spirit fails.
Do not hide your face from me or I will be like those who go
down to
the pit.
- ⁸ Let the morning bring me word of your unfailing love, for I have
put my
trust in you. Show me the way I should go, for to you I
entrust my life.
- ⁹ Rescue me from my enemies,
Lord, for I hide myself in you.
- ¹⁰ Teach me to do your will, for you are my God; may your good
Spirit
lead me on level ground.
- ¹¹ For your name's sake, Lord, preserve my life; in your
righteousness, bring
me out of trouble.
- ¹² In your unfailing love, silence my enemies; destroy all my foes,
for I am your servant.

Composer:

Commentaries believe the composer to be David. Written:

- ⇒ in the midst of a crisis
- ⇒ pursued by Saul or Absalom

Introduction:

- o Psalm 143 described:
 - ◆ Hope for the Persecuted Soul
 - ◆ My Soul Thirst for You
 - ◆ An Appeal for Guidance and Deliverance

- o Psalm 143 is said to be a 'Penitential Psalm' ¹
 - ◆ Penitential psalms are expressions of individual lament that at times include confession of sin on the part of the psalmist.
 - ◆ Penitential psalms are where the author sees that his own sins have contributed to the problems that he is facing.
 - ◆ The Church, by Christian Tradition, has designated Psalms 6, 32, 38, 51, 102, 130, and 143 as 'Penitential Psalms'; it is custom to recite/pray these psalms on Ash Wednesday.
 - ◆ A Penitential person is one who repents his sins and seeks forgiveness for them.

- o Psalm 143 is said to be a 'Pauline Psalm'
 - ◆ Pauline psalms are expressions of sorrow for sin and ask for God's forgiveness for sin; a call for mercy, out of the depths of the soul.
 - ◆ Psalms 6, 32, 38, 51, 102, 130, and 143 are also designated as 'Pauline Psalms'
 - ◆ A Pauline person is one who focuses on faith and forgiveness

- o **O**: used to address someone directly

- ◆ The psalmist cries out to get God's attention, cries out from the depth of his soul

Outline:

Vs. 1-3 David cries out to the Lord

- ⇒ A plea
- ⇒ An appeal/request in an intense way

Vs. 4-5 David states his condition

- ⇒ physically in a dark cave as if in a tomb/mentally
- ⇒ spiritually in a place of weakness

Vs. 6-7 David prays to God

- ⇒ God hear me
- ⇒ God don't hide Your face from me

Vs. 8-11 David ask of God

- ⇒ Favor, guidance, direction
- ⇒ Blessings, mercy and grace

Vs. 12 David believes

- ⇒ In due time God would save
- ⇒ God will destroy my enemies

Psalm 143

Vs. 1-3 David cries out to the Lord

**¹ Lord, hear my prayer, listen to my cry for mercy;
in your faithfulness and righteousness come to
my relief.**

**² Do not bring your servant into judgment,
for no one living is righteous before you.**

- o English Standard-¹ Hear my prayer, O Lord;
- o Prayer was a plea to a real God; a God who hears, answers and helps
- o David's plea was made twice in 2 different ways
- o David calls on the knowledge he had of the character of God- faithful and righteous
- o David is acting on FAITH-hope, belief and confidence he has in God
- o David asked God not to act on his behalf, please God act on behalf of your righteousness not mine
- o David calls upon God's mercy
- o David calls to God as Father

Romans 3:10

¹⁰ as it is written: "None is righteous, no, not one;

Romans 3:10

²³ for all have sinned and fall short of the glory of God,

**³ The enemy pursues me, he crushes me to the ground;
he makes me dwell in the darkness like those long
dead.**

**⁴ So my spirit grows faint within me;
my heart within me is dismayed.**

- o Persecution and suffering is against the soul
- o Evil, hatred, judgement, the weight of SIN
- o Soul misery; deep misery of the soul
- o David gives us a picture of how he feels....life is crushed to the ground; living in darkness; like death; already dead
- o David's heart is in distress
- o The misery and distress is caused by others

Vs. 4-5 David states his condition

**⁵ I remember the days of long ago; I meditate on all your
works
and consider what your hands have done.**

**⁶ I spread out my hands to you;
I thirst for you like a parched land.^[a]**

- o David is acting on FAITH-hope, belief and confidence he has in God
- o David is remembering the days past....joy, goodness, time spent in God's presence (Shepherd Boy)
- o Use memory to restore or regress...David used his memory to restore hope within
- o David's posture in the midst of misery....praise, prayer, uplifted hands
- o In a place of misery David wanted more of God; more of God's presence

Psalm 77:10-11

And I said, "This is my ^[a]anguish; *But I will remember* the years of the right hand of the Most High."¹¹ I will remember the works of the Lord; Surely I will remember Your wonders of old.

- o Right hand: represents God's ability to respond in powerful ways
- o Faith in action: think about and testify to God's mighty works; our testimonies encourage our faith
- o Remember/ponder: When we recall, God's works on our behalf, our faith is increased. When we meditate and remember God's word, faith is increased.

Romans 10:17

¹⁷ So then faith *comes* by hearing, and hearing by the word of God

Psalm 63:1

O God, You *are* my God; Early will I seek You; My soul thirsts for You; My flesh longs
for You In a dry and thirsty land Where there is no water.

- o David used the natural environment to express his weakness and exhaustion

Vs. 6-7 David prays to God

⁷ Answer me quickly, Lord; my spirit fails. Do not hide your face from

me or I will be like those who go down to the pit.

- o English Standard-⁷ Answer me quickly, O Lord! My spirit fails! Hide not your face from me,
- o Answer me fast Lord
- o David knew what it was like to be in God's presence- but to think God would hide from him was overwhelming
- o David cannot go on without God
- o Favor and blessings reflected God's face

Romans 8:31

³¹ What then shall we say to these things? If God *is* for us, who *can* be against us?

Psalm 28:1

To You I will cry, O Lord my Rock: Do not be silent to me, Lest, if You *are* silent to me, I become like those who go down to the pit. (die)

Psalm 38:22

Make haste to help me, O Lord, my salvation!

Vs. 8-11 David ask of God

⁸ Let the morning bring me word of your unfailing love, for I have put

my trust in you. Show me the way I should go, for to you I entrust my life.

Psalm 5:8

Lead me, O Lord, in Your righteousness because of my enemies; Make Your way straight before my face.

Psalm 25:1

To You, O Lord, I lift up my soul.

- o Show me, guide me, direct me....I need your wisdom and love
- o David ask that God cause him to hear Him

Psalm 27:8

When You said, "Seek My face,"
My heart said to You, "Your face, Lord, I will seek."

- o Lord I am depending on you, please don't let me down
- o David is lifting up his heavy soul to God

⁹ Rescue me from my enemies, Lord, for I hide myself in you.

- o English Standard - ⁹ Deliver me from my enemies, O Lord! I have fled to you for refuge!^[a]
- o It is to the Lord David flees
- o Act of faith-I take shelter in You God

¹⁰ Teach me to do your will, for you are my God; may your good Spirit

lead me on level ground.

- o David wants God's DISCIPLESHIP
- o ASK: Lord teach me and lead me into performing your will; as I study and meditate on your word give me wisdom, insight and understanding to I can learn how to live in a manner that pleases you
- o God teach me to do your will
 - Charles Spurgeon's answer to the question:
How does God teach us to do His will?
Thoughtfully, immediately, cheerfully,
constantly, universally, spiritually, intensely.
- o God shows us His will so we may do it- not just read it, meditate on it, know it or consider it
- o God's spirit is good

¹¹ For your name's sake, Lord, preserve my life; in your righteousness, bring me out of trouble.

- o English Standard-¹¹ For your name's sake, O Lord, preserve my life! In your righteousness bring my soul out of trouble!

Psalm 119:25

My soul clings to the dust; Revive me according to Your word.

Vs. 12 David believes

¹² In your unfailing love, silence my enemies; destroy all my foes, for I am your servant.

Psalm 54:5

He will repay my enemies for their evil.^[a] Cut them off in Your ^[b]truth. David has hope because he has seen victory over his enemies in the

past

Psalm 103:4

Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,

- o Revive me; not for my sake but for the sake of your name, for your reputation
- o David ask for deliverance; Lord you do it bring my soul out of trouble
- o Insight to relationship between God and David-servant

Hebrews 10:30

³⁰ For we know Him who said, "Vengeance is Mine, I will repay," ^[a]says the Lord. And again, "The Lord will judge His people."

Thoughts:

- Before we ask God to deal with our enemies, we should examine ourselves
- In times of trouble run to God and not away from God.
- We can bring all our troubles to God; God desires to meet us in our time of need, at our point of need
- Psalm 143, A Psalm of David, can also be seen in Jesus
 - o Jesus knew grief- in the garden
 - o Jesus thirsted for His Father’s presence-on the cross
 - o Jesus soul was delivered out of trouble-rose from the dead

Resources

Bible:

Commentaries:

Spirit Filled Life
 New International
 Daily Chronological
 King James
 English Standard

Websites:

Enduringword.com David Guzik
 Biblegateway.com Charles Spurgeon
 Gotquestions.org

Song: "Promises (feat. Joe L Barnes) " Maverick City Music, Vol 3: Pt. 1