

JOURNEY THROUGH THE BIBLE

Rhema Christian Center

Triumphant Tuesday-Bible Study March 12, 2024

Wisdom Wednesday-Bible Study March 13, 2024

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Psalm 130-Study Notes

Psalm 130

Out of the depths I have cried to You, O Lord;

² Lord, hear my voice! Let Your ears be attentive To the voice of my supplications.

³ If You, Lord, should ^[a]mark iniquities, O Lord, who could stand?

⁴ But *there is* forgiveness with You, That You may be feared.

⁵ I wait for the Lord, my soul waits, And in His word I do hope.

⁶ My soul *waits* for the Lord More than those who watch for the morning—

Yes, more than those who watch for the morning.

⁷ O Israel, hope in the Lord; For with the Lord *there is* mercy, And with Him *is* abundant redemption.

⁸ And He shall redeem Israel From all his iniquities.

Composer:

Commentaries believe the composer to be David. Written:

- ⇒ when persecuted by Saul
- ⇒ fearful he would be killed by Saul
- ⇒ after the affair of Bathsheba and having Uriah killed
- ⇒ when his mind was in great distress because of sin

Introduction:

- o Psalm 130 is the 11th of the 15 'Song of Ascents'; Psalm 120 to 134 A Song of Ascents; symbolic of the steps taken up to the temple
- o Many commentators suggest that the title 'Song of Ascents' comes from the use of these songs sung by the worshipers traveling up, or "ascending," to Jerusalem for the annual festivals
- o The trip to the capital, Jerusalem, was a 'traveling up' because the city was situated high up in the mountains of Judah

- o Psalm 130 described:
 - ◆ Hope in the Lord's Forgiving Love-New American Standard
 - ◆ Waiting for the Redemption of the Lord-New King James
 - ◆ My Soul Waits for the Lord- English Standard
 - ◆ A song for going up to the Temple-Easy-To-Read
 - ◆ Wait on the Lord-New International
- o Psalm 130 is marked by an awareness of sin and the assurance of forgiveness
- o Psalm 130 is considered a 'Prayer in Distress'; a prayer of the soul; a prayer of repentance; true repentance
 - Acts 3:19**
 - ¹⁹ Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord
- o Psalm 130 is said to be a 'Penitential Psalm' ¹
- o Penitential psalms are expressions of individual lament that at times include confession of sin on the part of the psalmist.
- o Penitential psalms are where the author sees that his own sins have contributed to the problems that he is facing
- o The Church, by Christian Tradition, has designated Psalms 6, 32, 38, 51, 102, 130, and 143 as 'Penitential Psalms'
- o A Penitential person is one who repents his sins and seeks forgiveness for them.

Outline:

Vs. 1-4 Prayer of distress

⇒ **Vs. 1-2** Psalmist expresses his desire toward God; get God's attention

⇒ **Vs. 3-4** Psalmist repents before God; lays out his sin

Vs. 5-6 Reason for waiting on God

⇒ **Vs. 5-6** Psalmist expresses his presence is to God (his state of waiting); waiting for the promises to be fulfilled

Vs. 7-8 Admonition and promise to Israel

⇒ **Vs. 7-8** Psalmist expresses his expectations from God

Psalm 130

¹Out of the depths I have cried to You, O Lord;

- Begins with a cry to be delivered out of the depths of sin
- Psalm 71:20 is a cry from the depth of the earth

Psalm 71:20

²⁰ You, who have shown me great and severe troubles, Shall revive me again, And bring me up again from the depths of the earth.

- Psalm 86:13 is a cry from the depth of the grave

Psalm 86:13

¹³ For great is Your mercy toward me, And You have delivered my soul from the depths of ^[a]Sheol.

- Identifies who the psalmist is crying out to; he is crying out to the Lord
- Lord-Yahweh; I AM; He that is
- Oh: used to express emotions such as surprise, pain, disappointment, excitement
- O: used to address someone directly
- The psalmist cries out to get God's attention, cries out of the depth of sorrow and awareness of sin, guilt and shame

² Lord, hear my voice! Let Your ears be attentive To the voice of my supplications.

- O: used to address someone directly-some translation 'O Lord'
- Lord-Adonai; Master; Ruler hear my voice
- Let your ears attend, give attention to my cry, my plea

³ If You, Lord, should ^[a]mark iniquities, O Lord, who could stand?

- O: used to address someone directly-some translation 'O Lord'
- Lord-Adonai; Master; Ruler

- Psalmist lays out his sin
- God knows all the sins that have been committed

Nehemiah 1:6

⁶ please let Your ear be attentive and Your eyes open, that You may hear the prayer of Your servant which I pray before You now, day and night, for the children of Israel Your servants, and confess the sins of the children of Israel which we have sinned against You. Both my father's house and I have sinned.

Malachi 3:2

² "But who can endure the day of His coming? And who can stand when He appears? For He *is* like a refiner's fire And like launderers' soap.

Revelation 6:17

¹⁷ For the great day of His wrath has come, and who is able to stand?"

- This is just one of many times the psalmist acknowledges his sin

Psalms 32:5

⁵ I acknowledged my sin to You, And my iniquity I have not hidden.

I said, "I will confess my transgressions to the Lord," And You forgave the iniquity of my sin. *Selah*

- In this one verse, "sin," "iniquity," and "transgression" are all mentioned
- Basically, the three words communicate the same idea: evil and lawlessness, as defined by God but carry a slightly different meaning

1 John 3:4

⁴ Whoever commits sin also commits lawlessness, and sin is lawlessness.

- ⇒ **Iniquity**-evil, fault, distortion, bend, perversion=the evil bent within human being; a choice to continue without repentance

Micah 2:1

2 Woe to those who devise iniquity, And ^[a]work out evil on their beds!

At morning light they practice it, Because it is in the power of their hand.

Psalm 51:2

² Wash me thoroughly from my iniquity, And cleanse me from my sin

⇒ **Transgression**-to choose to intentionally disobey; willingly, deliberately disobey; arrogant disobedience; blatantly disregard truth

Psalm 32:1

³²Blessed *is he whose transgression is forgiven, Whose sin is covered.*

⇒ **Trespasses**-The sin nature leads to trespasses they may be intentional or unintentional; Trespass can also mean “to fall away after being close beside.”

Luke 22:34

³⁴ Then He said, “I tell you, Peter, the rooster shall not crow this day before you will deny three times that you know Me.”

Matthew 6:15

¹⁵ But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

⇒ **Sin**-“to miss the mark.” It can refer to doing something against God or against a person; doing the opposite of what is right, doing something that will have negative results and failing to do something you know is right

Exodus 10:16

¹⁶ Then Pharaoh called for Moses and Aaron in haste, and said, “I have sinned against the Lord your God and against you.

Galatians 5:17

¹⁷ For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

James 4:17

¹⁷ Therefore, to him who knows to do good and does not do *it*, to him it is sin.

⁴ But *there is forgiveness with You, That You may be feared.*

- There is forgiveness with God
- Even when man may not forgive, God forgives

- This was before the cross; standing on God's covenant promises
- Prophetic, in that our forgiveness was purchased through the cross

Psalm 86:5

⁵ For You, Lord, *are* good, and ready to forgive, And abundant in mercy to all those who call upon You.

- The grieved heart will be filled with gratitude
- There is a sense of reverence in those who have sinned and repented

Jeremiah 33:8-9

⁸ I will cleanse them from all their iniquity by which they have sinned against Me, and I will pardon all their iniquities by which they have sinned and by which they have transgressed against Me. ⁹ Then it shall be to Me a name of joy, a praise, and an honor before all nations of the earth, who shall hear all the good that I do to them; they shall fear and tremble for all the goodness and all the prosperity that I provide for it.'

⁵ I wait for the Lord, my soul waits, And in His word I do hope.

⁶ My soul *waits* for the Lord More than those who watch for the morning—*Yes, more than* those who watch for the morning.

- Repetition to bring emphasis
- Lord- Yahweh, Adonai;
- Wait-look for, expect, hope....waiting hopefully, waiting in faith
- Waiting is one of the hardest things to do
- Active waiting; waiting for He will rescue; waiting on the hope of God's promises in His word
- Waiting without doubt that what God says will come to pass; waiting with an expectation
- Benefits in waiting- strengthen heart, Lord's goodness, God hears us, renewed

Psalm 27:14

¹⁴ Wait^[a] on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!

Lamentations 3:25

²⁵ The Lord *is* good to those who wait for Him, To the soul *who* seeks Him.

Psalm 40:1

⁴⁰ I waited patiently for the Lord; And He inclined to me, And heard my cry.

Isaiah 40:31

But those who wait on the Lord Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

⁷ O Israel, hope in the Lord; For with the Lord *there is* mercy, And with Him *is* abundant redemption.

⁸ And He shall redeem Israel From all his iniquities.

- David is speaking to God's people
- David is encouraging Israel out of his own experience
- What God will do for one individual God will do for a community, state, nation, the nations
- Ends with the assurance that God will redeem us out of all our iniquities

Psalm 86:15

¹⁵ But You, O Lord, *are* a God full of compassion, and gracious, Longsuffering and abundant in mercy and truth.

Psalm 103:3-4

³ Who forgives all your iniquities, Who heals all your diseases,⁴ Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,

Luke 1:68

⁶⁸ "Blessed *is* the Lord God of Israel, For He has visited and redeemed His people,

Titus 2:1

¹⁴ who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself *His* own special people, zealous for good works.

Theme:

- The psalmist calls out to God from the depths of his suffering, hoping for, expecting, and insisting on God’s hearing him.
- The psalmist has every confidence that God will hear and respond to every cry of pain, because mercy, the writer insists, is who God is.
- Prophetic, the emphasis is on HE, God Himself in Christ Jesus, fulfilled that hope of being redeemed from our sin

Matthew 1:21

²¹ And she will bring forth a Son, and you shall call His name ^[a]Jesus, for He will save His people from their sins.”

2 Timothy 2:13

If we are faithless, He remains faithful; He cannot deny Himself.

Resources

Bible:

Commentaries:

Spirit Filled Life
 New International
 Amplified
 Easy-to-Read
 Living Bible
 English Standard
 The Message
 New American Standard

Websites:

Enduringword.com David Guzik
 Biblegateway.com
 Wau.org¹
 Gotquestions.org

Song: “Wait on You” Elevation Worship and Maverick City