

JOURNEY THROUGH THE BIBLE
Rhema Christian Center
Triumphant Tuesday-Bible Study
Tuesday, February 15, 2022
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Psalm 37

The Heritage of the Righteous and the Calamity of the Wicked
A Psalm of David.

About Psalm 37.....

Psalms, a book of complaints, petitions, prayers, and praise

- Acrostic, verses arranged according to the Hebrew alphabet; lines arranged in sentences that begin with Hebrew Letters of the alphabet
- Written by David in his old age
 - Vs. 25 I have been young, and now am old;
- Directed to manmuch like Proverbs it gives wisdom for the worrier
- Starts with a complaint, throughout provides counsel and encouragement based on God's promises
- Contrast life of the wicked to the righteous
- Response to the problem of evil....
 - Life's question: Why do the wicked prosper and the righteous suffer?

.....Charles Spurgeon, called Psalm 37:

"the great riddle of the prosperity of the wicked and the affliction of the righteous"

Psalm 37 Overview:

Verses 1-11

- Describes the dilemma
- Gives counsel for those in the dilemma-God's afflicted people-the righteous

Verses 12-24

- Speaks to the victory of the godly-God's afflicted people-the righteous
- Plot of the wicked

Verses 25-26

- David, a man after God's heart encourages
- Wisdom is spoken from experience and observation

Verses 27-29

- There is a promise
- God promises to reward obedience

Verses 30-31

- Identifies the character of God's afflicted people-the righteous
- How the righteous respond

Verses 32-33

- Identifies the character of the wicked
- How the wicked respond

Verses 34-36

- Word of exhortation-TRUST GOD
- David gives his testimony

Verses 37-38

- Look at your life's testimony
- Gain trust

Verses 39-40

- Rely on God
- The Lord will help and deliver

Psalm 37.....What is David telling the people

Verses 1-11

- Describes the dilemma
- Gives counsel for those in the dilemma-God's afflicted people-the righteous

(FOCUS: On the ACTION WORDS)

Dilemma: God's people **FRET**

Reason: Wicked are prospering-**distraction; focus on wicked and not God**

Result: Harm to self...**Focus on self and not God**...manifestation of jealousy, worry, anger, resentment

Counsel:

- **FRET NOT-** Psalm 37:1,7,8- STOP IT, DON'T DO IT
- **TRUST and DO GOOD-** Psalm 37:3,5,40-PUT YOUR CONFIDENCE IN GOD
- **DWELL and FEED ON GOD'S FAITHFULNESS-**Psalm 37:3,27,29-ABIDE, REMAIN
- **DELIGHT IN THE LORD and HE SHALL GIVE-** Psalm 37:4,11- FIXED THOUGHTS
- **COMMIT-**Psalm 37:5-ACTIVELY, CONSCIOUSLY, ROLL OVER
- **REST AND WAIT PATIENTLY-**Psalm 37:7,9,34-QUIET SELF, HOLD PEACE, BE STILL
- **CEASE FROM ANGER-**Psalm 37:8-FORSAKE, LEAVE, LET GO

Promise: **Inheritance**, to God's afflicted/righteous people, **LAND given** –

Psalm 37: 9,11,18,22,29,34

(FOCUS: Who are our eyes on?)

Verses 12-24

- Plot of the wicked
- Speaks to the victory of the godly-God's afflicted people-the righteous

Dilemma: Wicked/evildoers plotting against the God's afflicted/righteous people-
Psalm 37:7,12,14,21a

Reason: God's people have had ENOUGH

Result: David speaks of what God says He will do **Psalm 37: 10,15,17a, 20, 22b,28**

Counsel: David reminds God's afflicted/righteous people of their focus

Psalm 37:16,17b,21b,22a,23,24

Promise: To have a forever **INHERITANCE- Psalm 37:18**

(FOCUS: Know God's promise)

Verses 25-26

- David, a man after God's heart speaks
- Wisdom is spoken from experience and observation

Verses 27-29

- See that there is a promise
- God promises to reward obedience

Dilemma: God's people **considering evil-Psalm 37:27**

Reason: Seeing wicked doing well-**DEPART - Psalm 37:27**

Result: David reassures the righteous of God's promise **Psalm 37:28**

Counsel: David speaks from his own experience **Psalm 37:25**

Promise: Righteous shall inherit the land- **Psalm 37: 9,11,18,22,29,34**

(FOCUS: How are we responding?)

Verses 30-31

- Identifies the character of God's afflicted people-the righteous
- How the righteous respond

Verses 32-33

- Identifies the character of the wicked
- How the wicked respond

Dilemma: Is God able to **DELIVER? Psalm 37:33**

Reason: Where are we looking? Keep eyes on God **Psalm 37:30-32**

Result: Reassurance, don't be **DISTRACTED**

Counsel: Watch what you say **Psalm 37:30**

Promise: David begins to restate what was said before- **Psalm 37: 9,11,18,22,29,34**

(FOCUS: Do you believe His word....is it relevant today?)

Verses 34-36

- Word of exhortation-TRUST GOD
- David gives his testimony

Verses 37-38

- Look at your life's testimony
- Gain trust

Verses 39-40

- Rely on God
- The Lord will help and deliver

Dilemma: WHAT WE SEE

Reason: DISTRACTIONS of the world

Result: GOD will bring economic justice in HIS TIME

Counsel: TRUST GOD to be our defender, shield, help, deliver, protector, rescuer, provider; God is in control have **FAITH in God's System**

Promise: Wicked will be cut off and the Righteous shall inherit the land; they and their righteous seed

Resources

Bible:

New King James
Amplified
New International
The Message
Easy-To-Read
Living
New American Standard
Spirit Filled Life
The Voice
International Children's

Websites:

Enduringword.com
Biblegateway.com
Blueletterbible.org

Study Tool:

The New Strong's Exhaustive Concordance of the Bible