

BIBLE STUDY OUTLINE

PSALM 6

Psalm 6 is the 3RD Prayer of
distress

Like Jeremiah, David was a
weeping prophet

Believed to have been written in a
time of great trouble both inward
and outward

OUTLINE CONTINUED

- => trouble is said to be as a result of the sin with Bathsheba
 - => this psalm will be appropriate for anyone who is afflicted or sick
- => the methodology of this psalm is comparable to most of the psalms we encounter

OUTLINE CONTINUED

=> David begins with mournful complaints but ends with joyful praises

⇒ This is comparable to Hannah's situation who went to pray with a sorrowful heart but after prayer went back with a joyful countenance (1 Sam. 1: 13-18)

OUTLINE CONTINUED

- => David complains about 4 things
 - 1) Sickness of body vs.2
 - 2) Trouble of mind rising from a sense of sin vs.3a
 - 3) David complains about how long it's taking for his healing vs.3b
 - 4) The abuse of his enemies vs.7

OUTLINE CONTINUED

- => So in verses 1-7, we see David's complaints about his physical and mental condition in the midst of God's anger, chastisement, and displeasure
- => David made 7 requests to the Lord
- 1) Rebuke me not in thy anger (vs.1)
 - 2) Chasten me not in wrath (vs.1)

OUTLINE CONTNUED

- 3) Have mercy upon me (vs. 2)
- 4) Heal me (vs. 2)
- 5) Return oh Lord (vs. 4)
- 6) Deliver my soul (vs. 4)
- 7) Save me for Thy mercies' sake

OUTLINE CONTINUED

- => Requests indicate David had grievous disease after sin with Bathsheba Ps. 38
 - => It shows a consciousness of sin and God's displeasure at him Ps. 38
 - => Vrs. 5: For in death, there is no remembrance: in the grave who shall give thee thanks

OUTLINE CONTINUED

- => This refers to the body and not the soul or the spirit of man which we know are immortal. (Isa.14:9, Luk.16:19, Heb.12:23)